

Worksheet
More Intentional Everyday Serving

This worksheet accompanies the article "[More Intentional \(& Less Crazy\) Everyday Serving](http://TheEquipper.org)" at TheEquipper.org. Becoming more intentional is a life-long process. Take a step or two today and return to the process on a regular basis. Being deliberately intentional helps us line up our activity with the way God has gifted us and is calling us to serve. Use these questions and suggestions to take a step in becoming more intentional in your serving.

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:10

Where am I serving? Select three places where you currently serve. (Remember that what you do at home and work is serving, too.) For each place, ask: Who am I serving here? Why am I serving here? How does my serving here fit with my strengths and the way I'm wired?

Place #1

Who

Why

The fit

Place #2

Who

Why

The fit

Place #3

Who

Why

The fit

Looking at the 'who' and the 'why' helps us see God's callings behind our many activities. When we're able, moving toward those activities that are a better 'fit' can be healthful. In all, the God who gifts and calls you walks with you and supports you when serving is difficult.



Balance in serving. Looking at all the ways I serve at home, at work, at church, and in the community, what balance is ideal for me in this season of life?

If I were starting with a blank slate, how and where would I serve?

How is my work/rest balance? Is there some time for rest each day? Is there a day of rest each work or month?

What one step can I take toward better intentionality?

We are better together. What trustworthy and spiritually wise friend or acquaintance would you like to talk to about your discoveries here and your thoughts on serving more intentionally?

